



Youth ADHD Symptom Checklist

Take a few minutes to complete this checklist so you can provide a detailed description of your child’s symptoms for the past 6 months to the healthcare professional. It is not meant to replace talking with a trained healthcare professional. Remember, only a qualified healthcare professional can accurately diagnose ADHD. Regardless of the questionnaire results, if you have concerns about diagnosis and treatment of ADHD, please discuss your concerns with your child’s doctor.

Inattention

	Never	Sometimes	Often	Almost Always
Does he or she make careless mistakes/lack attention to details?				
Does he or she have difficulty paying attention?				
Does he or she seem not to listen when spoken to directly?				
Does he or she fail to follow through on instructions, schoolwork, or chores?				
Does he or she have difficulty organizing tasks and activities?				
Does he or she avoid tasks requiring sustained mental effort?				
Does he or she lose things necessary for tasks/activities?				
Is he or she easily distracted?				
Is he or she forgetful in daily activities?				



PLEASE NOTE

This is not a diagnostic tool. This checklist is not intended to take the place of talking to a healthcare professional about your child’s symptoms.



Hyperactivity/Impulsivity

	Never	Sometimes	Often	Almost Always
Does he or she fidget with or tap hands or feet, or squirm in his or her seat?				
Does he or she leave their seat in situations when remaining seated is expected?				
Does he or she run or climb in situations where it is inappropriate?				
Is he or she unable to play quietly?				
Is he or she “on the go” or acting as if “driven by a motor?”				
Does he or she talk excessively?				
Does he or she blurt out answers before questions have been asked?				
Does he or she have difficulty waiting their turn?				
Does he or she interrupt or intrude on others?				

<i>Choose the answer that is most appropriate for your child.</i>	At Home	At School	At Social Settings/Events
These symptoms affect him or her the most			



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